## Ways in Which Media Violence Might Affect Us

- Cause us to be mean-spirited or aggressive.
- Make us more fearful or distrustful.
- Make us feel the need to protect ourselves from others.
- Make us less sensitive to violent acts.
- Make us less sensitive to the suffering of others.
- Give us violent heroes we like to imitate.
- Give an excuse to use violence when we think we're right.
- Make us want to watch violence.
- Encourage us to act or speak disrespectfully because we see it's okay on TV.